

2017 Lake Forest Catered Lunch Menu

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 19-23	Chicken strips Mac & cheese Baby carrots Watermelon	Turkey & jack cheese quesadillas Black bean & cheese quesadillas Spanish rice Tortilla chips (w/ salsa, guacamole, sour cream) Clementines	Beef sloppy joes w/ wheat bun Potato wedges Vegetable tray Bananas	Pasta w/ marinara sauce Meatballs Caesar salad Apples	Low salt deli turkey & ham with Muenster & American cheeses with kaiser and wheat buns Asiago pasta salad Strawberry Greek yogurt Watermelon wedges
JUNE 26-30	BBQ boneless chicken breasts Mac & cheese Garlic green bean salad Apples	Turkey & jack cheese quesadillas Black bean & cheese quesadillas Spanish Rice Tortilla Chips (w/ salsa, guacamole, sour cream) Clementines	Hamburgers on wheat bun (Muenster cheese on the side) Tater tots Fruit tray	Pasta w/ marinara sauce Beef Meatballs Garden salad (ranch dressing on side) Bananas	Chicken outlet sandwiches on white bread bun Mac & cheese Vegetable tray Seedless Watermelon
JULY 5-7	NO CAMP - 4th of July Holiday	NO CAMP - 4th of July Holiday	Beef sloppy joes with wheat bun Potato wedges Vegetable tray Bananas	Pasta w/ marinara sauce Beef meatballs Caesar salad Apples	Low salt deli turkey & ham with Muenster & American cheeses with kaiser and wheat buns Orzo pasta salad Strawberry Greek yogurt Watermelon wedges
JULY 10-15	BBQ boneless chicken breasts Potato wedges Garlic green bean salad Apples	Turkey & jack cheese quesadillas Black bean & cheese quesadillas Spanish Rice Tortilla Chips (w/ salsa, guacamole, sour cream) Clementines	FIELD TRIP Low salt deli turkey with Muenster cheese sandwich Potato chips Apple slices	Pasta w/ marinara sauce Beef meatballs Garden salad Garlic bread Bananas	Chicken outlet sandwiches Mac & Cheese Vegetable tray Watermelon wedges
JULY 17-21	Chicken strips Mac & cheese Baby carrots Watermelon wedges	Turkey & jack cheese quesadillas Black bean & cheese quesadillas Spanish Rice Tortilla Chips (w/ salsa, guacamole, sour cream) Clementines	FIELD TRIP Low salt deli turkey with Muenster cheese sandwich Potato chips Apple slices	Pasta w/ marinara sauce Beef meatballs Caesar salad Fruit tray	Beef sloppy joes with wheat bun Sweet potato tots Vegetable tray Bananas

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JULY 24-28	BBQ boneless chicken breast Mac & cheese Garlic green bean salad Clementines	FIELD TRIP Low salt deli turkey with Muenster cheese sandwich Potato chips Apple slices	Hamburgers with wheat bun (american cheese on the side) Tater tots Fruit tray	Pasta w/ marinara sauce Beef meatballs Garden salad Bananas	Chicken sandwich on white bun Mac & cheese Vegetable tray Watermelon wedges
JULY 31-AUG 4	Chicken strips Mac & cheese Baby carrots Watermelon wedges	Turkey & jack cheese quesadillas Black bean & cheese quesadillas Spanish Rice Tortilla Chips (w/ salsa, guacamole, sour cream) Clementines	Beef sloppy joes with wheat bun Potato wedges Vegetable tray Bananas	Pasta w/ marinara sauce Beef meatballs Caesar salad Apples	Low salt deli turkey & ham with Muenster & American cheeses with kaiser and wheat buns Pasta primavera salad Strawberry Greek yogurt Watermelon wedges